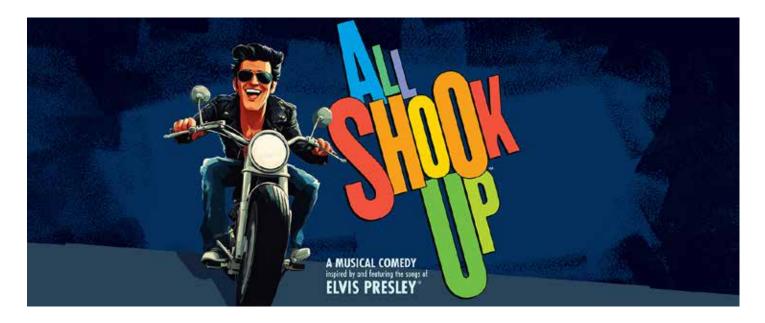




Going to see ALL SHOOK UP at The Goodspeed

I am going to see a musical called All Shook Up with

Insert name(s) of companions





A **musical** is a live form of entertainment with singing, dancing and acting. Actors will be right in front of me in the theatre.



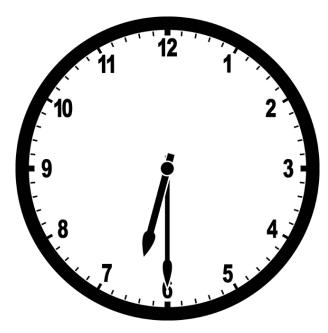




The show is on **Tuesday**, **August 5 at 6:30pm**, but I can go and see my seats early at 5:45pm.

AUGUST 2025

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	31	1	2
3	4	5 Ali Shoûk Up	Ø	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6



The performance of *All Shook Up* will be held at **The Goodspeed**, located at 6 Main Street in East Haddam, CT



I can bring **fidget toys**, snacks and

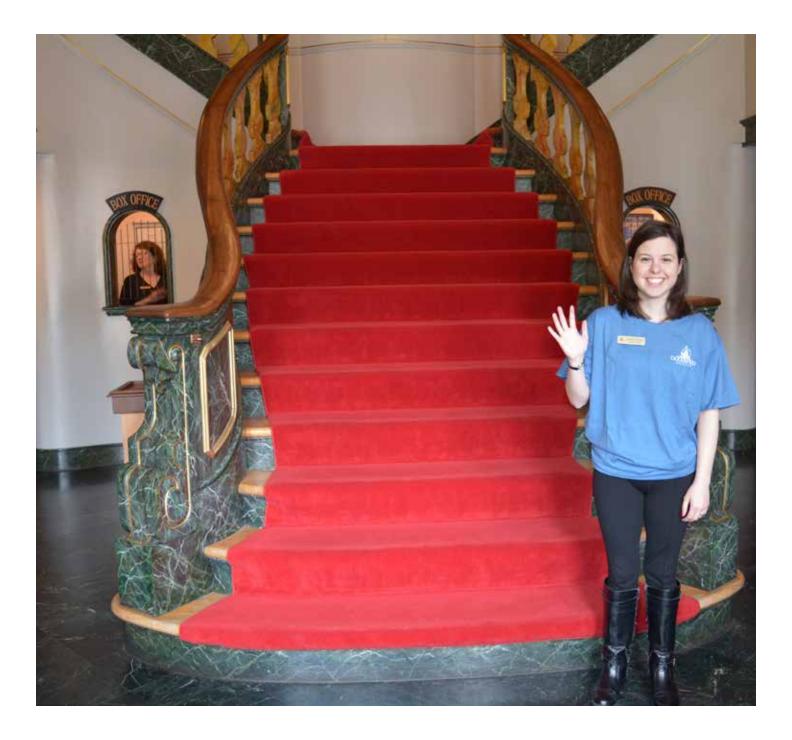
_ with me to the musical!

(name of object)





When I arrive at the theatre, we'll walk into the lobby and someone with a **blue t-shirt** will greet me.



I may have to wait in line at the **Box Office** to pick up tickets.



I will try to be quiet and stay with while we wait.

(name of companion)

If I need to go to the **bathroom** or get a **drink of** water, I can go with _____.

(name of companion)



I can also visit the **gift shop** or **porch bar** while I wait for the theatre to open.



The theatre will open at 5:45pm and I can either take the **stairs** or **elevator** to get up to the theatre.







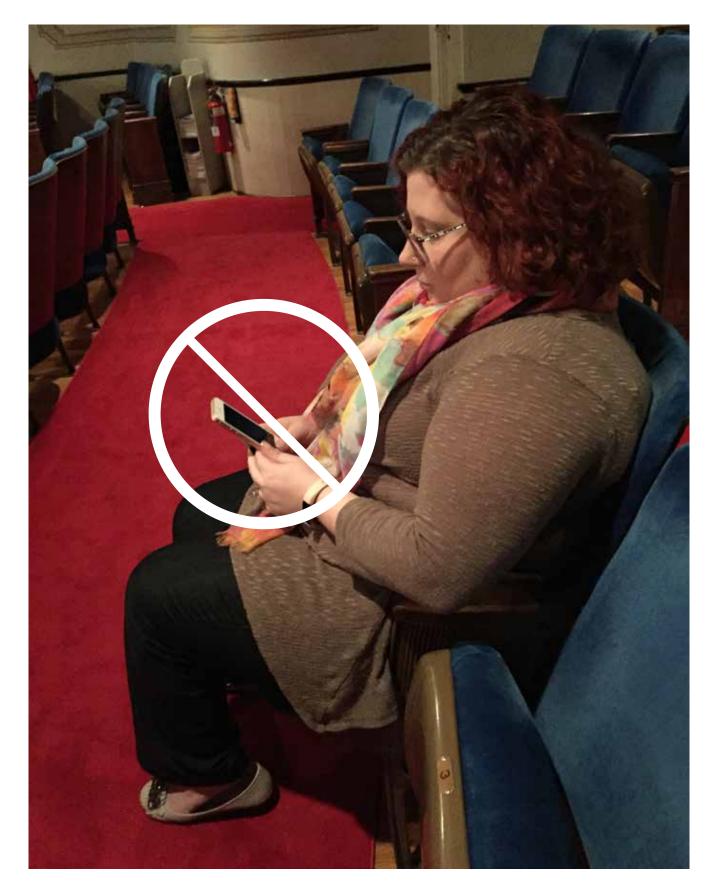
Before going upstairs, an usher will take my ticket, rip a piece off, and then hand it back to me. I can then go upstairs to the theatre. When I get up to the theatre, an usher will look at my **ticket** to find out where are seats are located.



Then the usher will lead me to my seat. We need to sit in these seats because they are reserved for us. This is not a choice!



The show begins at 6:30pm and someone will tell us we cannot use phones or cameras in the theatre.



Once the show begins, I will watch actors performing in the same room as me.



Watch for **characters with lots of big emotions!** Sometimes they're loud and excited, sometimes, sad, sometimes angry, but remember, these are just actors playing a part.



Sometimes the show can be loud.

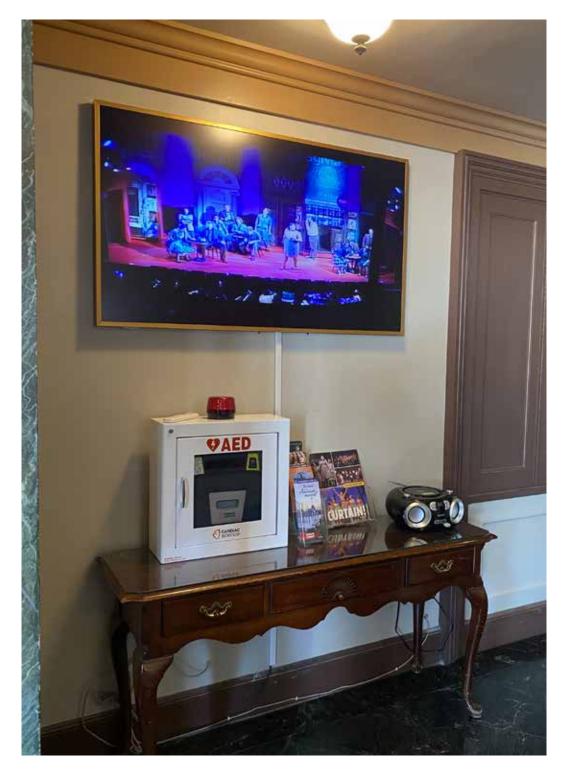
There are motorcycle sound effects and a megaphone in the show. If it gets too loud for you, you can always put earplugs in.



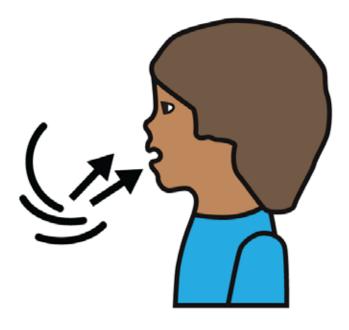
If I get scared or uncomfortable during the show, I can go with ______ to relax in a quiet room. (name of companion)



I can also watch on the TV screen in the lobby.



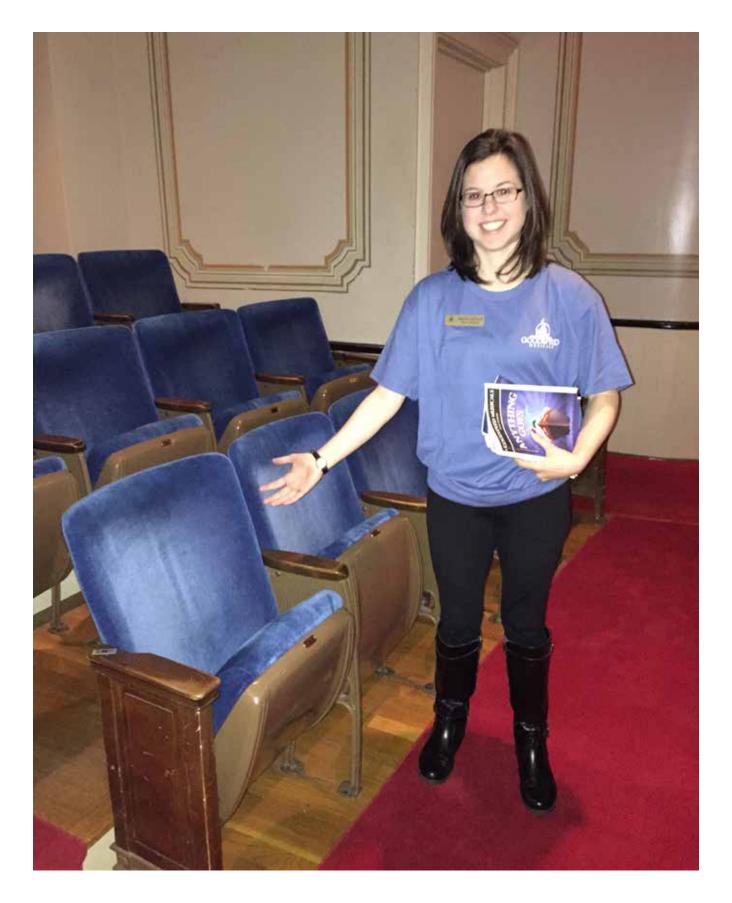
Take deep breath



If I get overwhelmed, I can count to 10 slowly, take 5 deep breaths, or play with _____

(fidget toy)

When and if I am ready to return to my seat, an usher can help me back into the audience.



Halfway through the play, we will have a break to stretch and go to the bathroom or get a snack. This is called **intermission**.



The intermission will last about **15 minutes**. Afterwards, we will return to our seats to watch the rest of the show.



When the musical is over, I can show that I enjoyed it by giving them a big **round of applause**!



I had fun with

(name of companion) seeing **All Shook Up** at The Goodspeed!